



William Gresh, State President

Elizabeth Ciarrocchi, Senior State President

Pennsylvania State Society
Children of the American Revolution
Program Packet
2022-2023

Table of Contents

	Page
Mission Statement	3
Letter from the President	4
State President	5
State First Vice President	6
State Second Vice President	7
State Chaplain	8
State Recording Secretary	9
State Organizing Secretary	10
State Corresponding Secretary	11
State Treasurer	12
State Registrar	13
State Historian	14
State Librarian	15
State Curator	16
American Heritage Chairman	17
American History Chairman	18
American Indian Chairman	19
C.A.R. Magazine and Newsletter Chairman	20
C.A.R., DAR, SAR, and SR Relations Chairman	21
C.A.R. Day of Service Information	22
Conservation Chairman	23
Endowment Fund	24
Government Studies Chairman	25
Kids Helping Kids Chairman	26
Membership Chairman	27
State Merit Award	28-29
Mountain School Chairman	30
Patriotic Education Chairman	31
Public Relations Chairman	32
Veterans Chairman	33
State Contest Form	34
Merit Award Form	35-36
State Lifetime Membership form	37



The National Society of the Children of the American Revolution
1776 D Street NW, Room 224 Washington, DC 20006-5303

Phone: 202-638-3153
Email: HQ@nscar.org

N.S.C.A.R. Website: <https://www.nscar.org>
PA C.A.R. Website: <https://www.penncar.org/>
PA C.A.R. Facebook Group: <https://www.facebook.com/groups/PennsylvaniaCAR/>

Mission Statement

The National Society of the Children of the American Revolution trains good citizens, develops leaders, and promotes love of the United States of America and its heritage among young people.

Hello PA C.A.R.!

I am so excited to share this year's State Program Packet with you and your Societies. This program packet will be the source of all the information your Society needs to complete the State Officer and Chairmen's Contests. I am proud of the hard work that each officer and chairman has done to create the contest for the upcoming year. I can't wait to see the many contest entries from the local societies across the state.

This year, our focus is on supporting our brave Veterans who have challenges with houselessness, healthcare, and more. We are partnering with the Veterans Multi-Service Center to help conquer this battle. We will also learn about our country's Revolutionary Heroes as we work to purchase historically accurate trees for the Waynesborough Farmstead in Paoli. Let's not forget our number one goal, to continue spreading the word about C.A.R., engage with other members, grow our organization and of course, have fun! Some of the contests will challenge you to learn about our country's vast history, and discover more about Veterans' struggles. Societies will be able to take time to visit and learn from them while exploring nature and conservation and so much more.

Please read through the packet with your society and decide which contests to enter. I'm eager to hear about all the exciting things our state members have participated in while completing the contests. Please remember to document all that you've done and submit it to the member and senior in charge of the contest by February 26, 2023. In order to "conserve" our resources contest entries should be emailed to the Officer or Chairman as well as the Senior Leader. Remember to follow the suggestions carefully.

In addition, make sure also to check out the National Program Packet. Our National Chairmen have worked hard to compile great contests that are also very collaborative to our state contests, meaning you can enter both! Thank you to all of our outstanding State Officers, State Chairmen, and their Seniors for contributing to this year's program packet. I wish you all luck and make sure to continue to support ***Homes for History's Heroes*** as you work to complete these contests.

William Gresh
Pennsylvania C.A.R. State President
2022-2023

President

State President
William Gresh

Senior State President
Elizabeth Ciarrocchi

Objective: Promote the C.A.R. Theme and Objectives and encourage all members to support our histories heroes by striving to be the Most Outstanding Member and Society.

Program: Follow the National and State Programs within your local societies. Promote this year's State and National Projects and get your society and members excited about PA C.A.R.



The Nancy G. Burkey Most Outstanding Member Contest

Please submit an entry to include the following information:

1. Attended: State Conference, list years attended and role served at conference; National Convention, list years attended and role served at convention; Eastern Regional, list years attended and role served at regional, Other Regional Meetings, list years attended and which regional meetings attended; Summer Workshop, list years attended and role served at workshop.
2. Promoted: State Theme, "Homes for History's Heroes" (please attach details).
3. Promoted: National Theme, "Find Fun in the Past, Build Joy for the Future" (please attach details).
4. Worked with a prospective member and/or inactive member (please attach details).
5. Wrote articles for: Keystone Kapers (please include copy of article); C.A.R. Magazine (please include copy of article) and the N.S.C.A.R. Blog.
6. Advertised your C.A.R. society in your community: newsletters, flyers, brochures, public appearances, displays, etc. (please attach details).
7. Participated in: Patriotic occasions (such as Memorial Day, 4th of July, Constitution Week, C.A.R. Annual Day of Service etc.) and joint meetings with the DAR, SAR, and SR.

*Award to be announced for the State Outstanding Member at the State Conference, March 18, 2023.

Keystone State Most Outstanding Society Contest

Please submit an entry to include the following information:

1. Worked with other C.A.R. societies, DAR chapters, SAR chapters, S.R. chapters and other patriotic organizations (attach details and programs).
2. Supported the state project, "Homes for History's Heroes" (please attach details).
3. Supported the national project, "Find Fun in the Past, Build Joy for the Future" (please attach details).
4. Promoted membership and public relations (please attach details).
5. Submitted a society report to the State President and Senior State President.
6. Encouraged all members to show that "Homes for History's Heroes" and "Find Fun in the Past, Build Joy for the Future" have made them more patriotic and more enthusiastic about C.A.R. (please attach details)
7. Entered the State Merit Award Contest. (Please attach State Merit Award Contest Entry)

*Award to be announced for the Most Outstanding Society at the State Conference March 18, 2023.

First Vice President

State First Vice President
Ethan Klee

Senior State First Vice President
Lisa Gresh

Objective: Discover the contributions General Anthony Wayne made as a soldier of the Continental Army and how these are being remembered today through the preservation of his ancestral home.

Program: Learn about General Anthony Wayne and his contributions during the American Revolution.

Suggestions for possible activities:

1. Visit the historical home of General Anthony Wayne in Waynesborough, Pennsylvania as well as explore the website <https://historicwaynesborough.org/>
2. Research General Anthony Wayne's service to the Continental Army.
3. Have your society create a brochure or a poster about the life of General Anthony Wayne and his contributions to the American Revolution.
4. Explore the battles that General Anthony Wayne participated in and how they helped the Colonials win the war.

Contest:
Local society with the best program

First Place \$15

Second Place \$10

Third Place \$5



Second Vice President

State Second Vice President
Abigail Ciarrocchi

Senior State Second Vice President
Jennifer Brasko



Objective: Learn about the many ways for societies to *FIND FUN and BUILD JOY* through activities and artistic expression and use those skills to serve and uplift others.

Program: Raise awareness of the importance of activities and artistic expression to help to improve morale, camaraderie, and overall societal health, especially in children. Raise financial support to go toward scholarships for Our Military Kids, Inc

Suggestions for activities:

1. Understand the importance of the culture from our nation's history and present a program to your local society
2. Educate others on ways artistic expression has been used as a form of patriotism
3. Be an advocate of the National Project by presenting a program to DAR, SAR, and S.R. members
4. Plan a non-traditional society meeting at a park or a children's museum to engage in a fun activity with C.A.R. friends
5. Learn about ways children have impacted our nation's history
6. Discover the artistry of patriotic songs, flags, and founding documents

Contests:

Local Society with the best program supporting the National Project:

First Place \$12

Second Place \$8

Local Society with the most money raised for Our Military Kids, Inc. for Veterans:

First Place \$10



Chaplain

State Chaplain
Meredith Ciarrocchi

Senior State Chaplain
Kathleen Zinskie

Objective: Learn about military Chaplains and the prayers used throughout history

Program: Research military Chaplains and their role in the military throughout history.

Suggestions:

1. Write prayers for Veterans and use them during your local society meetings
2. Give a presentation about a military Chaplains throughout history and the role they played in the military.
3. Research military Chaplains that received the Medal of Honor.
<https://mohmuseum.org/chaplains/>
4. Create a program in your local society about Father Emil Capaun, Chaplain during the Vietnam War.

Contests:

Local Society with the best program about a military Chaplains:

First Place \$12
Second Place \$8

Local Society with the best prayer for Veterans:

First Place \$10



Recording Secretary

State Recording Secretary
Reinhard Brasko

Senior State Recording Secretary
Rebecca Page

Objective: Update ways Societies take and store meeting minutes.

Program: Explore new ways to utilize electronic means to record and store meeting minutes.

Ideas for possible activities:

1. Research different ways the Society Recording Secretary can take meeting minutes.
2. Utilize technology such as video or audio to take and record meeting minutes.
3. Use videos and audio recordings on social media.
4. Digitize and create a digital archive for paper meeting minutes from past meetings.

Contests:

Local Society with the best program:

First Place \$15

Second Place \$10

Third Place \$5



Organizing Secretary

State Organizing Secretary
Holly Marx

Senior State Organizing Secretary
Jennifer Cherry

Objective: Learn about how societies are organized and reorganized.

Program: Reflect on how our societies began and the importance of keeping them strong and active for tomorrow.

Suggestions:

1. Learn about how your local (state/national) society was organized and the history behind your society name.
2. Present a program on the life of a veteran or civil servant for whom a Pennsylvania society was named (ex: General Anthony Wayne, Francis Hopkinson, Elizabeth McKinney).
3. Plan a leadership meeting and learn about The Essential Steps of Organizing or Reorganizing a C.A.R. Society.
4. Reach out to local DAR/SAR/SR chapters and present a program on C.A.R.
5. Participate in local events to promote and increase membership in C.A.R.
6. Encourage members to invite their friends and family, outside the organization, to meetings/events.

Contests:

Local society with the best program

First Place \$15

Second Place \$10

Third Place \$ 5



Corresponding Secretary

State Corresponding Secretary
Collin Klee

Senior State Corresponding Secretary
Jessica Lynn Dodson

Objective: Learn about military correspondence during the revolutionary war and how this correspondence was past.

Program: Explore the methods used to send military correspondence during the revolutionary war.

Suggestions for possible activities:

1. Learn what methods were used to send military correspondence during the American Revolutionary war.
2. Explore the different people that were used to send these messages including children.
3. Write possible correspondence and messages that you think might have been sent during the war.
4. Explore if there were any secret codes that might have been used to send these messages to help keep military

secrets from falling into the British soldiers' hands.

Contest:

Local Society with the best program

First place -\$15

Second place -\$10

Honorable Mention -\$5



Treasurer

State Treasurer
Stewart Carter

Senior State Treasurer
Lory Fraraccio-Kenney

Objective: Learn about currency and banking during the times of the American Revolution.

Program: Research banking, financial laws, and trade in colonial times.

Suggestions for possible activities:

1. Research the founding of the National Bank of America.
2. Learn about the Currency Act of 1764.
3. Colonial paper currency had political messages on them. Discover what messages there were and why they were used. You can also create your own Society's paper currency and message!
4. Spanish, Portuguese, and French coins came to the colonies as a result of trading in the West Indies. Out of any materials of your Society's choice, design your own ship that carries the money to the colonies. You can decorate it any way you want ... AND DON'T FORGET THE MONEY!
5. Choose one of the 13 colonies, and design your own coin from that colony.
6. You are a colonist and don't have any money, so you go to market trying to make some. A merchant is offering some money for something else you have. What do you give the merchant?
7. Research additional means the colonists used for bartering other than money.



Local Society with the Best Program:

First Place \$15

Second Place \$10

Third Place \$5

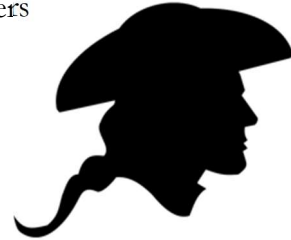
Registrar

State Registrar
Starke Brasko

Senior State Registrar
Laudrea Frampton

Objective: Learn about genealogical research and the various ways members can learn and research their ancestors.

Program: Explore different ways to research genealogy in order to learn about American Patriots.



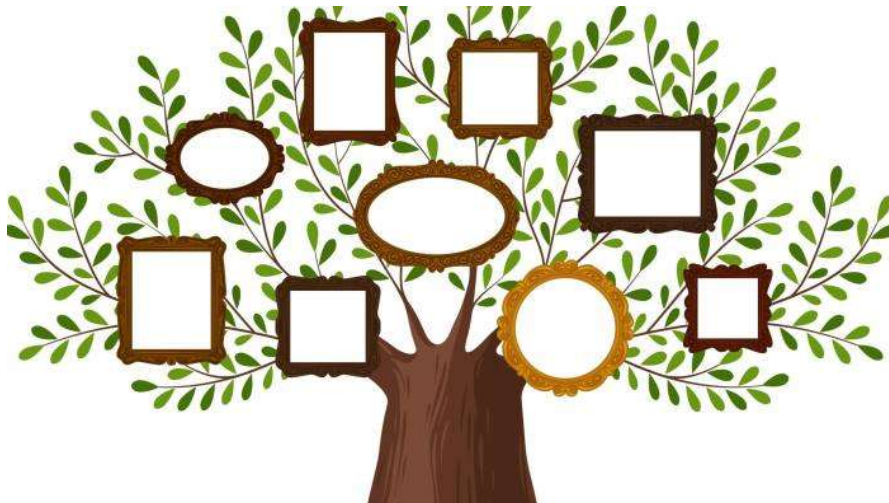
Suggestions for possible activities:

1. Go on websites like Ancestry.com or other genealogy websites to learn about your ancestry.
2. Go to libraries to research information about your ancestors.
3. Create a family tree showing your lineage from your Patriot.
4. Hold a Society meeting discussing your Patriot and what they did during the American Revolution.
5. Discuss your Ancestor and family background with your family.
6. Invite friends to a meeting to discuss interesting ways to research genealogy.

Contests:

Local Society with the best program:

First Place	\$20
Second Place	\$10



Historian

State Historian
Zachery McCamley

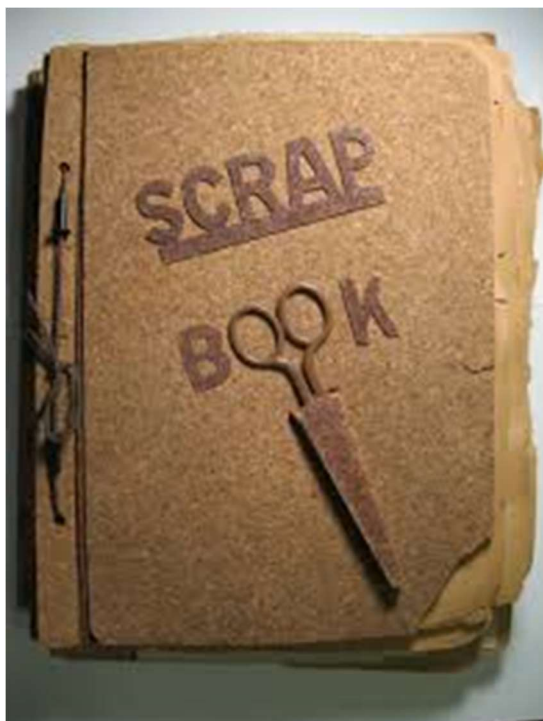
Senior State Historian
Brittany McCamley-LeCourse

Objective: To honor a *Home for History's Heroes* by creating a digital scrapbook to document your society's year in PAC.A.R.

Program: *Find Fun in The Past* by keeping photographic records of the 2022-2023 year in C.A.R.

Suggestions for possible activities:

1. Take photos at every society and/or state society meeting and event.
2. Put all clips and photos into a google slide, PowerPoint, or any online scrapbook app of your choosing and send to the State Historian.



3. Take video clips of members in action at every society and/or state society meeting and event

Examples:

- Have society members reading reports
 - Capture society members having fun at meetings/events or being recognized for their hard work and dedication
4. Help the State Historian create a scrapbook for our state president by sending your society's digital scrapbook (Photos and movie clips) of the 2022-2023 administration

Contest:

Local society with the best scrapbook

First Place	\$15
Second Place	\$10
Honorable Mention	\$5

Librarian

State Librarian
Max Brasko

Senior State Librarian
Ann Carter



Objective: Pennsylvania C.A.R. Societies support the National C.A.R. Library Fund.

Program: Encourage Society members to read historical books and support the National C.A.R. Library Fund.

Suggestions for possible activities:

1. Create a fundraiser to raise money for the National C.A.R. Library Fund.
2. Have Society members create a book about General Anthony Wayne or famous houses of historic heroes.
3. Host a book club featuring the books:

Pewee Selections: “Revolutionary War on Wednesday (Magic Tree House Series)” by Mary Pope Osborne, “Henry and the Cannons: An Extraordinary True Story of the American Revolution” by Don Brown

“Moon of Two Dark Horses” by Sally M. Keehn

4. Publish a list of recommended books for Peewees to read.
5. Host a Society book swap where members bring their favorite historical books to lend to each other. Discuss the books and write an article for the Keystone Kapers.

Contests:

Local Society with the best program:

First Place \$12

Second Place \$8

Local Society with the largest monetary donation to the National Library Fund:

First Place \$10

Curator

State Curator
Cameron Bucher

Senior State Curator
Kyle Popielarski

Objective: Inform members throughout the State Society of historic locations in the Pennsylvania they could visit.

Program:

Create a brochure/map/video of these historic locations to educate members on these sites.

Suggestions for possible activities:

1. Do research on various locations you could visit to find diversity in the type of location or what the location is about.
2. Take pictures of members and seniors alike at historic locations or roadside historical markers.
3. Create a physical or digital folder for any media relating to the program.

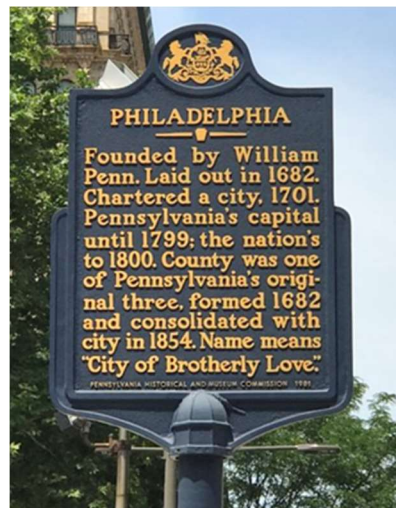
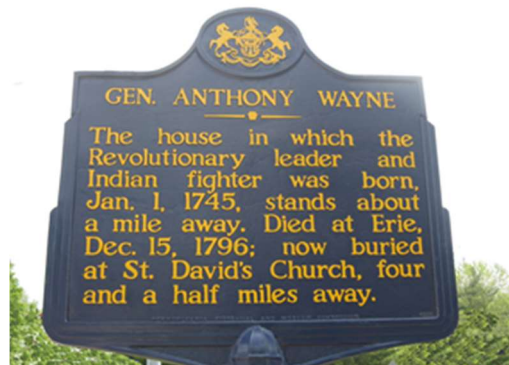
Contest:

Local society with the best program

First Place: \$15

Second Place: \$10

Third Place: \$5



American Heritage

State American Heritage Chair
William Page

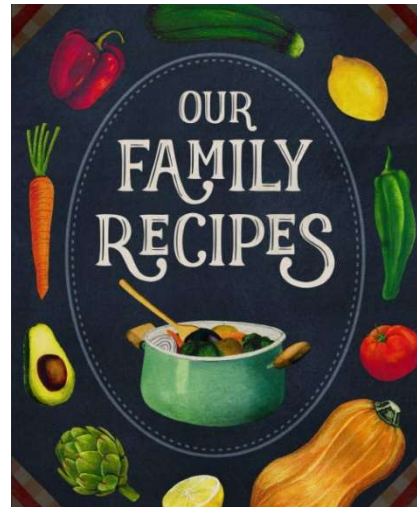
Senior State American Heritage Chair
Robert Fritsch

Objective: Understand the customs, values, work, and achievements in American culture to create a deeper understanding of family research and genealogical studies.

Program: Learn about your family heritage and historical events that have made a lasting impact on American culture, as we support a **“Home for History’s Heroes.”**

Suggestions for possible activities:

1. Participate in a local event that celebrates the history and culture of your hometown or where your society is based.
2. Research your family tree and find out more about your patriots.
3. Create a recipe book for your society, showcasing passed down recipes from your members and their families.
4. Have members bring family heirlooms to a society meeting and discuss the story behind those treasures.
5. Interview Senior society members about their favorite activities from childhood and participate in those activities as a society.
6. Identify the countries and cultures that are part of your family heritage and learn about how they have had an effect on American society and share with your local society



Contest:

Local Society with the Best Program

First Place -\$15

Second Place -\$10

Honorable Mention -\$5

American History

State American History Chair
Brady Quinn

Senior State American History Chair
Amanda Quinn

Objective: Focus on people, places, landmarks, symbols, dates, and events significant in American history.

Program: Commemorate the milestones of the 270th Anniversary of Ben Franklin flying his kite during a thunderstorm, the 240th Anniversary of Congress adopting the stars and stripes, and the 240th Anniversary of Congress adopting the great seal of the United States.

Suggestions for possible activities:

1. Make a homemade kite in Ben Franklin's honor and fly it (in good weather)
2. Draw your own version of the American flag and share the symbolism and inspiration behind the designs
3. Research the great seal of the United States and create a society seal with your society members
4. Learn about the significance of Benjamin Franklin's kite study and how it affects your daily life today
5. Analyze drafts of the American flag, as well as the design process
6. Discover Betsy Ross' steps of making the original American Flag's stars and replicate it
7. Collaborate with societies within your state to present a model timeline of each version of the American flag over the years

Contest:

Local Society with the Best Program

First Place -\$15

Second Place -\$10

Honorable Mention -\$5



American Indian

State American Indian Chair
Jake McNally

Senior State American Indian Chair
Sarah Ferguson

Objective: Study all aspects of American Indian history, heritage, and culture, and the impact on America.

Program: Research American Indian involvement to the U.S throughout history and learn about how American Indian are treated and what roles they hold in their tribe or nation.

Suggestions for possible activities:

1. Discover the fun of Native American games hands-on (some examples are Bullroarer, Stick Catching, Ring and Pin). Opt to level up by hosting a game day with your local DAR/SAR/S.R. Chapter
2. Interview an American Indian veteran
3. Learn about the roles of Native Americans in their tribes or nations
4. Research an American Indian who fought for the U.S in battle
5. Research the American Indian culture and what it is today
6. Attend community events held by local Native American tribes

Contest:

Local Society with the Best Program

First Place -\$15

Second Place -\$10

Honorable Mention -\$5



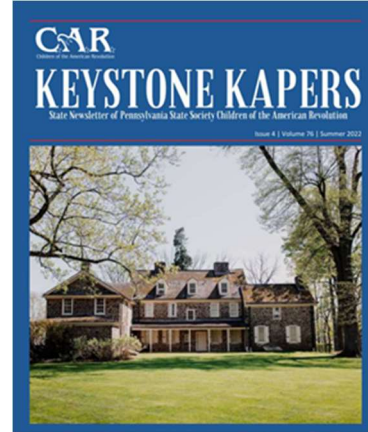
C.A.R. Magazine and Newsletter

State C.A.R. Magazine and Newsletter Chair
Ian Labadie

Sr. State C.A.R. Magazine and Newsletter Chair
Cynthia Pritchard

Objective: Have an informed membership in all aspects of C.A.R. at the local, state, and national levels.

Program: Create articles and pictures showing how you understand the importance of historical homes and the importance of veteran's communities for local and state newsletters, and for the Children of the American Revolution Magazine.



Suggestions for possible activities:

1. Create a news article about historic Waynesboro and describe its upkeep and importance
2. Create a comic strip about General Anthony Wayne in his home.
3. Research and submit an article about how historic houses are kept in good and historically accurate condition.
4. Share ways historic houses can be preserved and taken care of for hundreds of years.
5. Research and write an article about Edison 64 Veteran Community, Veterans Multi-Service Center and the services they provide for children in their community.
6. Pee Wee contest: draw a comic strip you would see in newspapers about the upkeep of historical sights and homes.

Contest:

Local Society with the best program:

First Place	\$10
Second Place	\$7
Third Place	\$3

Pee Wee Prizes

First Place	\$7
Second Place	\$3

Upcoming 2022
Keystone Kapers
Deadlines!

August 15, 2022

November 15, 2022

February 15, 2022

All submissions should be sent to:
pacarkapers@gmail.com

C.A.R., DAR, SAR, SR Relations

State C.A.R., DAR, SAR, SR Relations Chair
Michael Mariano

Sr. State C.A.R., DAR, SAR, SR Relations Chair
Ann Harder

Objective: Establish and develop communication and relationship between members of C.A.R., DAR, SAR, and S.R.

Program: Increase involvement and connection with your local DAR, SAR, and S.R. chapters through service and love of history.

Suggestions for possible activities:

1. Explore past activities that children would participate in for fun and share with your local DAR, SAR, and S.R. chapters
2. Enter contests for parent organizations to support their national themes
3. Find a creative way to promote joint membership with parent organizations
4. Partner with a local parent organization to complete a community service project
5. Hold a school supply drive in conjunction with parent organizations to benefit DAR Mountain Schools
6. Participate in state meetings for parent organizations
 - i. ~Serve as a page/aide or participate in Color Guard
 - ii. ~Host a table promoting C.A.R. and the National Project
7. Present a program about C.A.R. and the National Project at a local parent organization's chapter meeting

Contest:

Local Society with the Best Program

First Place -\$15

Second Place -\$10

Honorable Mention -\$5



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C.A.R. Day of Service

Objective: To plan and promote the annual C.A.R. Day of Service held on or around April 5th of each year as a designated time for C.A.R. members, seniors, and supporters to complete service activities in honor of the founding of the National Society on April 5, 1895.

Program: Learn about and support youth programs in local communities through the annual day of service as well as throughout the year, instilling service and community engagement in every member.

**As the C.A.R. Creed states, “the boys and girls of today have a definite work to do for their country,” so in this time of national recovery it is vitally important that C.A.R. provides support and assistance to others in need.*

Suggestions for possible activities:

1. Arrange a supply drive to support military children (e.g. arts & craft supplies, baby shower, diaper drive, gently used clothes, toys)
2. Volunteer at a local homeless shelter
3. Inquire about the needs of a local Children’s Home & provide care packages and donations based on given needs
4. Partner with local playgrounds/parks to aid in upkeep such as spreading mulch, painting, or staining playground equipment, etc.
5. Clean up or create a community garden & teach children how to identify different plants
6. Identify places of historical importance to children and assist in restoration or other requested projects
7. Donate needed supplies and recess equipment to local schools
8. Read to children at local libraries
9. Volunteer at community centers to help with children at a YMCA, Ronald McDonald House, Boys and Girls Club, etc.

**There is NO CONTEST for this program. **
Everyone is encouraged to be active in their community through volunteering for the sake of making the community better, which in itself is the reward!

Conservation

State Conservation Chair
Anna Makinoff

Senior State Conservation Chair
Jennifer Makinoff

Objective: Understand the need for the preservation of natural resources and participate in good conservation practices.

Program: Find joyful ways to conserve and help the environment!

Suggestions for possible activities:

1. Nature Preservation and Awareness

- Conduct a society meeting at a local park, nature center, community garden, etc., and go on a trash hike afterwards to clean up the area
- Discover the fun of birdwatching by designing and creating bird or a pollinator feeder/habitat using recycled materials to install in your garden or yard
- Plant a sunflower garden and surround it with native pollinator friendly plants
- Plant a tree in your local community in honor of a veteran or patriot

2. Energy Conservation

- Explore how you can conserve energy within your home
- Investigate how your electricity is produced and learn about alternative ways of electric production
- Promote left-over produce composting to reduce waste

3. Recycling and Upcycling

- Have a friendly competition among your society collecting plastic bags and/or other special materials and properly recycle them
- Make sleeping mats for the homeless out of plastic grocery bags
- Find an item in your home that is not useful for your family (ex: toy, sports equipment, tool, or clothing) that you know someone else in the community could use and gift it to them. Have members talk about the experience with each other.

4. Awareness within the Community

- Raise awareness for environmental issues in artistic ways
- Partner with other community groups on conservation projects (ex: garden clubs, historical societies, Adopt-a-highway sponsors).

Contest:

Local Society with the Best Program

First Place -\$15

Second Place -\$10

Honorable Mention -\$5



Endowment Fund

State Endowment Chair
Eloise LeCurve

Senior State Endowment Chair
Brittany McCamley-LeCurve

Objective: Support *Home for History's Heroes* by honoring someone with the Pennsylvania State Endowment Fund and/or Commemorative Anniversary Endowment Fund Pin.

Program: *Find Fun In The Past* and *Build Joy For The Future* and learn about the history of the Pennsylvania State Endowment Fund Pin and the Commemorative Anniversary Endowment Fund Pin.

Suggestions for possible activities:

1. Celebrate a *Hero* in your life (PA C.A.R. Member, Senior, or Friend of the Society) and honor them with a Pennsylvania Endowment Fund Pin or Anniversary Pin.
2. Discover the importance of the Pennsylvania Endowment Fund Pin and/or Anniversary Pin, and its impact on PA C.A.R.
3. Discuss the importance of the Pennsylvania Endowment Fund at your Society meetings to promote the sustainability of the future of PA C.A.R.
4. Distribute Copies of the Donation Form to your local DAR, SAR, and S.R. Chapters.

Contest:

Local society with the most Pins Purchased during the 2021-2022 Year:

First Place -\$15

Second Place -\$10

Honorable Mention -\$5



Government Studies

State Government Studies Chair
Edward Chase Ballek

Senior State Government Studies Chair
Carrie Reed Ballek

Objective: Know and understand how local, state, and federal governments work.

Program: Learn about and celebrate the anniversaries of the Emancipation Proclamation (160th) and/or the signing of the U.S. Constitution (235th).

Suggestions for possible activities:

1. Create a display in a local business's window, library, or school for Constitution Week (Sep 17-23). More information here:

<https://www.dar.org/sites/default/files/members/darnet/forms/CONW-1001.pdf>

2. Celebrate the 235th anniversary of the signing of the U.S. Constitution by participating in a local Bells Across America annual celebration. Participants gather to ring bells on September 17th for 1 minute at 4:00 EDT, much as the church bells of Philadelphia rang out when the U.S. Constitution was first signed at 4 pm on September 17, 1787.

3. Learn about the Emancipation Proclamation signed by U.S. President Abraham Lincoln on January 1, 1863, and celebrate its 160th anniversary. View the document on the U.S.

Archives website, and share what you learned:

<https://www.archives.gov/exhibits/featured-documents/emancipation-proclamation>

4. Join your PA C.A.R. State Government Studies Chair and other local C.A.R. societies on a group tour of the National Constitution Center in Philadelphia (date TBD). Virtual tours and programs are also available at www.constitutioncenter.org.

5. Watch School House Rock videos, and present a program on the importance of what you learned in these videos:

“Preamble” https://youtu.be/8_NzZvdsbWI

“I’m Just a Bill” <https://youtu.be/SZ8psP4S6BQ>



Contest:

Local society with the best program

First Place \$15

Second Place \$10

Third Place \$5

Kids Helping Kids

State Kids Helping Kids Chair

Robert Morgan

Senior State Kids Helping Kids Chair

Taryn Kennedy

Objective: Participate in projects and activities that benefit children within local communities.

Program: Find ways to engage members with children in local communities and participate in joy-filled activities

Suggestions for possible activities:

1. Donate items to local children's hospitals and nearby military bases (item ideas include board games, sports equipment, coloring books and crayons, etc.)
2. Write and send cards to children at nearby hospitals or military bases
3. Host events with local societies to engage with military kids
4. Donate children's books to local libraries
5. Participate in fun activities with children in the community that encourage happiness, and creativity!

Contest:

Local society with the best program

First Place \$15

Second Place \$10

Third Place \$5



Membership

State Co-Membership Chairs

Aiden Klee & Evelyn Ciarrocchi

Senior State Membership Chair

Teri Fischer

Objective: Increase membership and PA Lifetime membership in your local Society

Program: Encourage active participation in Society activities, increase membership with new Society members, and increase the number of PA Life members.

Suggestions:

P- Promote C.A.R. by creating a PA C.A.R. Brochure to share at local activities and events.

A- Attend DAR, SR, and SAR meetings to share information and programs about PA C.A.R. encouraging family members to join C.A.R.

C.- C.A.R. merchandise is a great way to promote PA C.A.R. WEAR C.A.R. gear to local events and community activities

A.- A mentor program is a great way to gain new members. Create a peer mentorship program to pair prospective and new members with active members to encourage them to continue to attend C.A.R. events.

R.- Recruit, Recruit, Recruit- because C.A.R. is fun and we always welcome new members!

Contests:

Local Society with the best program:

First Place \$12

Second Place \$8

Local Society with most new members*:

\$5

Local Society with most new PA Life members*:

\$5



No contest entry needed. This contest is judged according to records at C.A.R. National Headquarters

State Merit Award

State Co-Membership Chairs

Emerson Sites-Byers & Alexandra Poteau-Sites

Senior Membership Chair

Amy Sites



PA C.A.R. recognizes the accomplishments, activities, and hard work of the most outstanding societies. ALL Gold, Blue, Red, and Honorable Mention societies are honored for their achievements. Affirmative answers will be verified. Documentation of activities and programs ***MUST*** accompany this entry and will be considered in judging. Sufficient information ***MUST*** be provided in order to allow the chairman to properly evaluate your entry. For example, entries may be accompanied by newsletters, pertinent documents, and/or photo pages pertaining to a specific activity.

Objective: Promote the state programs and projects for the current year. when you answer, “YES,” to all the questions on “Homes for History’s Heroes” and National Society C.A.R “Find Fun in the Past Build Joy for the Future” Merit Award form.

Program: Plan local C.A.R. society meetings, events, and activities that follow the guidelines for the PA C.A.R. and National Society C.A.R. Merit Awards as outlined in the Program Packets on Pages 23-32.

Suggestions for possible activities:

★ Hold meetings, either in person or virtually, which encourage enthusiastic engagement of all members. Encourage members to take ownership of society contest entries.

~Host a program contest entry writing party.

~Have a member write about what they learned from the program.

★ Enter as many national contests as possible.

★ Take pictures and create documents to show the programs and activities of your society.

★ Promote Life Membership in your society.

★ Publicize the State Theme “Homes for History's Heroes” the State Project and the National Themes “*Find Fun in the Past Build Joy for the Future*” the National Project.

Contest: All entries will receive an appropriate certificate honoring their participation.

★ **Gold Merit Award All sections must be answered “Yes.”**

★ **Blue Merit Award All but one section must be answered “Yes.”**

★ **Red Merit Award All but two sections must be answered “Yes.”**

★ **Honorable Mention Sections A and F must be answered “Yes.”**

★ **Certificate of Appreciation All entries will receive a certificate.**

★ Please note, The State Merit Award Chairman will be following the guidelines of the National Merit Award Contest.

★ The National Merit Award Contest Form can be found at the end of this packet.

State Merit Award (Continued)

Page Number	Local Societies	Yes/No
	Did your society submit two articles to the Keystone Kaper's?	
	Publish a listing of member and senior officers and chairmen in one issue of a newsletter. If the listing is not included in a newsletter, a separate yearbook fulfills the requirement for the listing but is NOT one of the FOUR required newsletters. The yearbook is not considered part of the page limit. Personal contact information is not required in the listing.	
	Publish list of new members. Personal contact information is not required	
	After September 1, each issue must include:	
	Page 1 - Society name, state, date, and N.S.C.A.R. website www.nscar.org .	
	Society President and Senior Society President ONLY contact information (name, address, phone, and e-mail)	
	2022–2023 State Theme: Homes for History's Heroes	
	2022–2023 National Theme: Find Fun in the Past Build Joy for the Future	
	2022–2023 State Project: Historic Waynesborough and Veterans Multi-Service Center	
	2022–2023 National Project: Our Military Kids, Inc	
	Original article or puzzle written by a member. Remember to include the member's name, age, and society	
	Local Societies	
	Publicize the PA C.A.R. website www.pennscar.org and N.S.C.A.R. website www.nscar.org .	
	In at least one issue, publicize donation pins: Apple Slice, Endowment Fund, Library Fund, Magazine Fund, Mountain Schools, Museum Major Benefactor Red Apple, Niebell Fund, and Voyager Fund	

★ The State and Senior State Chairmen are happy to answer any questions.

★ All relevant contact information may be found in the State Yearbook.

★ Please scan your Merit Award entry before you submit it. They will no longer be returned.

★ No separate photo albums are allowed. No videos, or media submissions are allowed. Entries are limited to 50 pages (excluding newsletters, yearbook, and copy of Treasurer's Report). Double-sided sheets count as two pages. Please number ALL pages and reference the page numbers on this form. Societies should return the completed form, (with required attachments), covering the period from

March 1, 2022 to February 28, 2023.

Mountain Schools

State Mountain Schools Chair

Senior Mountain Schools Chair

Annalise Poteau-Sites

Kelly Sites

Objective: Provide materials and/or financial aid to Berry College, Inc., The Crossnore School, Inc., Hillside School, Inc., Hindman Settlement School, Inc., Kate Duncan Smith DAR School and the Chemawa Indian School.

Program: Learn more about the Mountain Schools and see how to facilitate supporting them.

Suggestions for possible activities:

1. Find out what the specific needs are for the schools and host a drive to provide them with these items (i.e. clothing, school supplies, gift cards).
2. Take an in person or virtual tour as a society.
3. Learn about the extracurricular activities of the Mountain Schools students and find similarities with your own.
4. Learn about the different educational opportunities each school offers and see how you can support these.
5. Present a program to your DAR, SAR, or SR chapter on the schools or the school of your choice to gain their support.
6. Donate money or box top or can tabs to help fund the Mountain school programs.

Contest:

Local Society with the best program

First Place \$10

Local Society Sending the most financial aid or material aid to a Mountain School:

First Place \$10
Second Place \$7
Third Place \$3



Patriotic Education

State Patriotic Education Chair

Emma Wassel

Senior State Patriotic Education Chair

Heather Wassel



Objective: Prepare a patriotic program for use in society meetings, schools and communities.

Program: Explore ways to recognize our heritage and promote greater respect for our flag, active military and veterans.

Suggestions for possible activities:

1. Host a flag retirement ceremony with your local society inviting your local parent organizations as well as the local community
2. Present at a society meeting or submit a Keystone Kapers article for one of the following topics:
 - ~Eligibility criteria for serving as a guard at the Arlington National Cemetery
 - ~Eligibility criteria for getting into one of the 5 service academies
 - ~Eligibility criteria for burial at Arlington National Cemetery
 - ~YOUR patriot ancestor and their contribution to the American Revolution
3. Present to your local society or prepare an article regarding flag etiquette
4. Create a song about historical artistic expression

Contest:

Local Society that creates the best activity for use at CAR meeting or article for newsletter/local paper.

First Place \$20

Second Place \$10

Public Relations

State Public Relations Chair

Gaby Aragon

Senior State Public Relations Chair

Patricia Coyne

Objective: Advertise and promote C.A.R. events and activities online to the community.

Program: Use different social media platforms to post photos or advertisements from either society or state C.A.R. events and activities, to promote membership, attendance, and exposure in local societies and the outer community.

Suggestions for possible activities:

1. Create a flyer (in accordance with local regulations) promoting C.A.R.
2. Promote the state project, A Hone for Histories Heroes, by posting about the project, its meaning, and its logo
3. Take photos at society meetings and activities, and publish them online
4. Post photos wearing C.A.R. shirts/attire and spread the word about “Sales Items Saturdays”
5. Repost posts from local, state, and national accounts

Contests:

Local society with the best social media presence

First Place	\$12
Second Place	\$8
Third Place	\$5

Local society with the most likes on a C.A.R. post

First Place	\$5
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Veterans

State Veterans Chair

Mae O'Neill

Senior State Veterans Chair

Lawrence Field

Objective: Honor veterans who have served our country, and to actively take part in events and activities to show our appreciation for what they have done.

Program: To educate ourselves and our community about the sacrifices of veterans, and to honor those who have served and gone before us.

Suggestions for possible activities:

1. Write a letter to a veteran thanking them for their service and sacrifice!
2. Operation Gratitude is a Nonprofit 501 (c)(3) that mails care packages to deployed soldiers and retired veterans and they will print your message on a postcard and send it in one of their care packages. You can send a message at this [link](#).
3. If you personally know a veteran, feel free to write a letter and deliver it to them in person!
4. Take a virtual trip and explore exhibits at a military museum or memorial! Linked below are some museums that offer virtual tours.
 - a. [Vietnam Veterans Memorial located in Washington D.C](#)
 - b. [The National WWII Memorial located in New Orleans, Louisiana](#)
 - c. [The National WWI Museum and Memorial located in Kansas City, Missouri](#)
5. Visit a local or National Veterans War Memorials, especially the Vietnam Veterans Memorial located in Washington D.C
6. Attend a Veterans Day Parade
7. Create a care package for a veteran and take it to a nearby veterans home
8. Hold a society meeting and invite a veteran to come and speak about their experiences serving our country
9. Read a book about veterans and write up a short reflection (less than 150 words) on the story. Some favorites are below. (This activity is best for older members, ages 14+)
 - ~The Heart You Carry Home by Jennifer Miller
 - ~The Slopes of War by Nick Petric
 - ~The Things They Carried by Tim O'Brien
 - ~See Me For Who I Am by David Chrisinger
 - ~Walk In My Combat Boots by James Patterson and Matt Eversmann

Local society with the best program

First Place \$15

Second Place \$10

Third Place \$5



Pennsylvania C.A.R. State Contest Entry Form

INSTRUCTIONS:

1. Use this entry form with all State contests. Download this document before completing it or your data will not save. Some committees offer more than one contest. A separate entry must be submitted for each one.
2. Documentation of your contest entry is required. Please attach:
 - Photographs of events, displays, projects, etc.
 - Proof of financial or material donations
 - Verification of all volunteer hours
 - Any other documentation of your work to accomplish this program
3. Send identical entries (including form and documentation) directly to both the Officer/Chairman and the Senior Officer/Chairman.
4. **Entry MUST BE EMAILED/POSTMARKED on or before Tuesday, February 28, 2023.**

Local Society: _____

Society President	Senior Society President
Name: _____	Name: _____
Address: _____	Address: _____
City: _____	City: _____
State: _____ Zip Code: _____	State: _____ Zip Code: _____
E-Mail: _____	E-Mail: _____

Office or Committee: _____

Contest: _____

Total Number of Members (as of Feb. 28th): _____

Number of Members Participating: Age 10 & under _____ Age 11 & over _____

1. Provide details of donations (material and/or financial, number of volunteer hours, etc.):

2. Give details of your Society's activities relating to this contest:

Attach additional pages as needed

2022-2023 PA C.A.R. State Merit Award Form

State Co-Membership Chairs

Senior Membership Chair

Emerson Sites-Byers & Alexandra Poteau-Sites

Amy Sites

PA C.A.R. recognizes the accomplishments, activities, and hard work of the local societies. All societies entering the State Merit Award contest will receive a certificate recognizing their achievements and honoring their participation.

Awards are based upon the responses received on this form. Documentation of activities and programs must accompany this entry and will be considered in judging. Sufficient information **MUST** be provided to allow the judges to evaluate your entry properly. No photo albums, videos, or media submissions are allowed. Entries are limited to 75 numbered pages (Do not count newsletters, yearbook, or Treasurer's Report in the page total.) Double-sided sheets count as two pages. Societies should complete and return this form with required attachments covering the period 3/01/22 through 2/28/23.

PLEASE ATTACH COMPLETE DETAILS. AFFIRMATIVE ANSWERS WILL BE VERIFIED
Deadline - This completed form and all supporting materials must be postmarked on or before the announced cutoff date for contest entries.

- ❖ Gold Merit Award ALL questions on Merit Award Form are answered "Yes."
- ❖ Blue Merit Award Questions 1 through 12 on Merit Award Form are answered "YES" and all but one of the remaining questions are answered "Yes."
- ❖ Red Merit Award Questions 1 through 12 on Merit Award Form are answered "Yes" and all but two of the remaining questions are answered "Yes."

Society Name: _____ Members as of 3/01/22: _____

Senior Society Name: _____ Members as of 2/28/23: _____

Society President: _____

Please answer each question with a "YES" or "NO" and attach any supporting materials.

- _____ 1. Did you attach a list of all C.A.R. activities and events held by your society?
- _____ 2. Did your society hold at least 6 business meetings following the C.A.R. ritual?
- _____ 3. Did your society have at least one program on the State President's Project?
- _____ 4. Did your society contribute to the State President's Project? Amount _____
- _____ 5. Did your society invite a state officer, other than a member of your society, to attend a meeting or event?
- _____ 6. Were Pennsylvania state dues for all society members and senior fees sent to the Senior State Treasurer by the state deadline of December 31, 2021?
- _____ 7. Did your Society have at least two new members accepted and/or have a net gain in membership during the 03/01/21- 02/28/22 C.A.R. year?
- _____ 8. Did your society promote and encourage Life Membership in C.A.R.?
- _____ 9. Did your Society contribute to the State Endowment Fund? Amount _____
- _____ 10. Did your Society contribute to the National Project? Amount _____
- _____ 11. Did your Society invite members from any other C.A.R. Society and/or DAR, SAR, or S.R. chapter to one of your meetings or functions?
- _____ 12. Did your Society enter the National Merit Award Contest?
- _____ 13. Did your society obtain Pennsylvania Promoters and/or Pennsylvania Patriots for this year?

_____ 14. Does your society have a website and/or Facebook page that conforms to N.S.C.A.R. regulations?

_____ 15. Does your society publish a newsletter following the guidelines published by N.S.C.A.R.?

_____ 16. Did members and/or senior leaders from your society attend any of the following meetings:

	<u># of members</u>	<u># of seniors</u>
2022 PA State Conference	_____	_____
2022 PA State Workshop	_____	_____
2022 National Convention	_____	_____
2022 Eastern Regional	_____	_____
2022 Any other Regionals	_____	_____

_____ 17. Did your Senior Society President (or Senior Society Vice President) attend at least one meeting of the Senior State Board of Management this year?

_____ 18. Did your Society contribute to any of the Mountain Schools or American Indian Schools this year? Attach details of aid.

- Berry College Crossnore Hillside Hindman Settlement Kate Duncan Smith
 Bacone Chemawa

_____ 19. Did your Society submit an entry to at least six state contests?

Check all that you entered.

- | | | |
|--|---|---|
| <input type="checkbox"/> State President | <input type="checkbox"/> State Historian | <input type="checkbox"/> Government Studies |
| <input type="checkbox"/> State First Vice President | <input type="checkbox"/> State Librarian | <input type="checkbox"/> Kids Helping Kids |
| <input type="checkbox"/> State Second Vice President | <input type="checkbox"/> State Curator | <input type="checkbox"/> Membership |
| <input type="checkbox"/> State Chaplain | <input type="checkbox"/> American Heritage | <input type="checkbox"/> Mountain Schools |
| <input type="checkbox"/> State Recording Secretary | <input type="checkbox"/> American History | <input type="checkbox"/> Patriotic Education |
| <input type="checkbox"/> State Organizing Secretary | <input type="checkbox"/> American Indian | <input type="checkbox"/> Public Relations |
| <input type="checkbox"/> State Corresponding Secretary | <input type="checkbox"/> C.A.R./DAR/SAR/SR
Relations | <input type="checkbox"/> Tomb of the Unknown
Soldier |
| <input type="checkbox"/> State Treasurer | <input type="checkbox"/> C.A.R. Magazine and | <input type="checkbox"/> Veterans |
| <input type="checkbox"/> State Registrar | <input type="checkbox"/> Newsletter | <input type="checkbox"/> Conservation |

Signature of Society President

Signature of Senior Society President

****This entry must be postmarked no later than the announced cutoff date for state contest entries. If submitting electronic entries, please email the State Officer/State Chairman, Senior State Office/Senior State Chairman and please include the Senior State President, by the cutoff date. ****

PA C.A.R. STATE LIFE MEMBERSHIP FORM 2022

1. PA Life Membership may be purchased at any time.
2. A member is NOT required to be a National Life Member in order to become a PA Life Member. However, the member MUST be a member in good standing (i.e. dues paid) at the National-level in order to remain a member of the PA Society even if they've paid for PA Life Membership.
3. No PA Life Member dues will be refunded if a member fails to pay their National dues and is dropped.

Member Name: _____

Address: _____

Date of Birth: _____ National Membership Number: _____

Local Society Name: _____

Life Member Dues Paid by:

Name: _____

Address: _____

Payment method: _____ Check (Payable to: PACAR) _____ Credit Card

Name on Credit Card: _____

Card#: _____

Exp. Date: _____ Code#: _____

Telephone Number of Cardholder: _____

Email Address of Cardholder: _____

The chart below shows the PA State Life Dues amount for C.A.R. members who have already paid their dues for 2021.

Birth Year	PA Life Dues Amt	Birth Year	PA Life Dues Amt
2001	\$10	2012	\$65
2002	\$15	2013	\$70
2003	\$20	2014	\$75
2004	\$25	2016	\$80
2005	\$30	2016	\$85
2006	\$35	2017	\$90
2007	\$40	2018	\$95
2008	\$45	2019	\$100
2009	\$50	2020	\$105
2010	\$55	2021	\$110
2011	\$60	2022	\$115

Mail form/check to: Lory Fraraccio-Kenney, Sr State Treasurer
 19 Charter Oak Court, Doylestown, PA 18901
 Send PA Life Membership questions to Sr. State Membership Chairman:
 Teri Fischer, terriellefischer@gmail.com

